

MICHAEL BROADBENT

Age: 38

Occupation: Founder of Broadbent Risk and Evergreen Life

WHAT'S YOUR MORNING ROUTINE? My alarm goes off and I'm up at 6.30am. I'll have my first coffee of the day and then head for the gym at 7.30am for an hour. I start work at 9am.

HOW DID YOU SPEND YOUR CHRISTMAS / NEW YEAR'S BREAK? My brother came over from the UK and we just hung around home. We spent the evenings toasting marshmallows and chatting – it was so simple but just brilliant.

HOW DO YOU PLAN TO GET THE MOST OUT OF 2018? I want to focus more on acquiring the right kind of clients and surrounding myself with inspiring people who take me to that next level.

WHAT ARE THE TOP THREE THINGS ON YOUR BUCKET LIST? See my daughter and wife continue to grow and succeed. Be on stage presenting with Tony Robins at one his live events and own an island.

WHAT ADVICE WOULD YOU GIVE YOUR 20-YEAR-OLD SELF? Don't get tattoos. I've had four tattoos and three of them are getting removed.

HOW DO YOU THINK THE WORLD WILL CHANGE OVER THE NEXT 20 YEARS? I think Sydney to London in 6 to 8 hours will be a reality, 90% of cars will be electric and the world will be running off cryptocurrency.

HOW DO YOU STAY MOTIVATED? I honestly can't recall a time that I wasn't self-motivated but find getting up early, catching the sunrise and exercising everyday really helps.

IF YOU DIDN'T NEED MONEY, WHAT WOULD YOU DO? I'd like to travel a bit more and spend more time with family.

WHAT IS YOUR SECRET TO SUCCESS? I remove myself from negativity especially negative people. And under no circumstances will I ever give up – this is not optional.

WHAT'S THE BEST BIT OF ADVICE OR QUOTE THAT RESONATES WITH YOU? A very good friend of mine called Ian McKellar said, "What people say about you is absolutely none of your business".

WHAT ARE YOUR FAVOURITE RESTAURANTS TO FREQUENT? Mekong Baby and Augustus in Ponsonby. I love both of them, the food and the service is just incredible.

WHAT IS YOUR SECRET TO LIVING LONGER, MORE SATISFYING LIFE? Keeping healthy, drinking lots of water, smiling, enjoying time with family and friends and not worrying about things that may never happen.

WHAT MAKES YOU FEEL ALIVE? Great laughs, great relationships, being active and travelling.

